

The Impact of First 5 in the Sacramento Region

For the Children and Families Commissions of Colusa, El Dorado, Placer, Sacramento, San Joaquin, Stanislaus, Sutter and Yolo Counties

In 1998, California's voters passed Proposition 10 which imposed a fifty cent tax on tobacco products with the revenue generated providing the state's first funding stream dedicated to helping children from the prenatal state to age five grow up healthy in all respects and ready to succeed in school when they enter kindergarten. This movement is now known as "First 5" to emphasize the importance of the first five years of life.

ABOUT THE SACRAMENTO REGION

Over three million people make a home in the Sacramento Region. The Region is home to 318,217 children ages 0- 5 years. Most families in the Region earn less than the California median income. In the midst of the national economic crisis, unemployment in the Region is much higher than normal and in some counties the unemployment rate is more than double prior to the crisis.



INVESTMENTS THAT LAST A LIFETIME

In Fiscal Year (FY) 2008-09, the First 5 Sacramento Region invested **\$47,625,671** to serve over **162,000** children ages 0 to 5 years, parents and other primary caregivers. First 5 provides a funding source that not only meets local needs, but brings millions of additional leveraged federal dollars into the Region.

2008-2009 Service Levels	Children 0 to 5	Parents, Providers, Caregivers	Total Served
Colusa	1,922	334	2,256
El Dorado	8,356	9,985	18,351
Placer	2,971	7,076	10,047
Sacramento	18,403	20,732	39,135
San Joaquin	12,472	11,786	24,258
Stanislaus	19,277	28,312	47,589
Sutter	2,986	4,015	7,001
Yolo	8,526	5,495	14,021
Region Total	74,913	87,735	162,648

THE BOTTOM LINE: IMPACTING YOUNG CHILDREN

CHILDREN ARE HEALTHIER

The First 5 Sacramento Region recognizes the interrelated factors that lead to good health. In FY 2008-09, the Region invested nearly **\$7 million** dollars in a coordinated system of proven methods to improve children's health.

- ▶ Services to support health access were provided to **7,919** children and **4,837** parents and primary caregivers
- ▶ All eight counties worked to help families find a medical home, reducing inappropriate emergency room usage and increasing access to preventive care.
- ▶ Six of eight counties in the Region fund direct services aimed at improving children's nutrition and physical fitness.

CHILD DEVELOPMENT IS IMPROVING

Children and families are being screened earlier using standardized assessment tools. Quality standards for early care and education settings have been implemented and the education levels of child care professionals and skills and knowledge of family and informal care providers have increased.

- ▶ More than **3,700** children in four counties were screened and at least **275** children a year received early intervention referrals and follow-up.
- ▶ In FY 2008-09, six counties invested **\$3.06 million** in the Comprehensive Approaches to Raising Educational Standards (CARES) incentive program for early educators (on a 2:1 match from First 5 California). More than **12,000** children benefitted from First 5 investments that year.

